

Welcome to London, 2020

ISKF UK welcomes you to the 4th ISKF World Shoto Cup Championships. We are delighted to host you in London, a fun, dynamic city, ideally placed for hosting an international competition. London is proud of its diversity and inclusion, and the World Shoto Cup Championships will be the perfect opportunity to celebrate this diversity. We will be welcoming competitors from all over the world.

The championship will take place at the University of East London, Sportsdocks. Within the University's dockland's campus, the Sportsdock offers a state of the art space for training and competition.

The Sportsdock is a short distance from London City Airport, and is well connected with all other major travelling hubs. It is easily accessible from London city centre, where you can visit all of London's landmarks, museums and theatres and enjoy food from all around the world.

The centre is on the DLR (Docklands Light Railway) line, stop Gallions Reach DLR station. For how to travel in London visit: <u>https://www.visitlondon.com/traveller-information?ref=nav</u>

The Sportsdock is also a close distance from two other great areas in London. Stratford, the area in London that hosted the London 2012 Olympic and Paralympic games, with amenities and a great shopping area. And Canary Wharf, home of the modern city and the financial centre of the city.

For information on how to plan your trip to London, please visit: <u>https://visitlondon.com/</u>

We look forward to welcome you all in London for the 4th ISKF Shoto Cup Championship.

Good luck to all.

OSS,

Sensei Ahcene Moussaoui, 7th Dan Head of ISKF UK



General Information

4th ISKF World Shoto Cup London, UK 20-23 August 2020

Participant and club information: All countries and their members must be in good standing and all club dues must be up to date. All competitors and officials must have a current ISKF Membership Card and ISKF passport. Other Shotokan associations can participate but <u>only</u> by invitation and <u>only</u> in the youth categories (under 18).

All cost and fees will be charged at Sterling Pound (\pounds) . USD costs are provided for indication only, at the prevailing rate at the time of producing this brochure (November). Exchange rates vary and will be applied at the time of payment.

Tournament Hotels

Holiday Inn – official tournament hotel

(30 minutes or quick ride on a tram line)£95/day for twin room, for 2 people (approx. USD122 at Nov rate)£110 for family room, for 2 adults and 2 children under 12 (approx. USD122 at Nov rate)

Premier Inn Beckton (20 minutes walk)

£106/day for twin room (approx. USD106 at Nov rate) £115 family room, 2 adults and 2 children under 16 (approx. USD148 at Nov rate)

Premier Inn Excel (32 minutes, or a quick ride on a tram line)

£110 for twin room for 2 people (approx. USD122 at Nov rate) £120 family room, 2 adults and 2 children under 16 (approx. USD154 at Nov rate)

Limited availability at hotels, at negotiated prices – Please note that you may not get your preferred choice, although we will try to keep all groups together

All rooms include breakfast and free wifi

All hotels are at convenient location for tournament venue. 20-30-minute walk or easy public transportation

Airport

London has five main airports, Heathrow, Gatwick, Stansted, Luton and City Airport Communications from all airports available

Most convenient airport (walking distance) is City Airport – but note that this airport only serve European Cities

Airport Transfers

The cost per person of a tube ticket to Heathrow is £5 (approx. USD6.5 at Nov rate)

Coach (56 people) hire available, at £86-£109/hour – estimated 2-3h, with wait time (approx. USD110-140 at Nov rate)

Minibus (18 people) hire available, at £78-£98/hour – estimated 2-3h, with wait time (approx. USD100-126 at Nov rate)

Taxi (4 people) £60-£80, approximate costs, depending of airport (approx. USD80-100 at Nov rate)

Payment

ISKF UK 60-20-22. 37572679 IBAN: GB29NWBK60202237572679

Time Lines / Closing dates

By Sunday 17 May 2020

All paperwork and fees for the following are due no later than Sunday 17 May 2020.

- Training seminar form and fees
- Dan Examination Form with fees
- Referee and judge training form and fees
- Referee and judge's examination form with fees
- Competitor's registration form with registration fees
- Competitor's waiver/release agreement (Adult / Legal Guardian)
- Sayonara party reservation form with banquet fees
- T-shirt Order Form with T-shirt fees

Thursday 20 August 2020	
13:00 – 14:00	Registration, welcome pack and t-shirt collection
14:00 – 15:30	Training Seminar by Hiroyoshi Okazaki Shihan
16:00 – 17:30	Dan grading
18:00 – 20:00	Referee and judge's training and examination
Friday 21 August 2020	
09:00 – 09:30	Arrival of competitors
09:30 – 10:30	Opening ceremony for all competitors
10:30 – onwards	4 th World Shoto Cup (elimination and finals) for <u>all</u> under 18 categories
Saturday 22 August 2020	
09:00 - 09:30	Arrival of 18+ competitors
09:30 – 19:00	Eliminations for all 18+ categories, individual and team
Sunday 23 August 2020	
09:00 - 09:30	Arrival of 18+ competitors
09:30 – 18:00	Finals of all 18+ categories, individual and team
19:30 – onwards	Sayonara party

Competitors Checklist

Please make sure all competitors have the following approved equipment:

- Current 2020 ISKF Membership Card (If they do not have a current ISKF card, a charge as per the ISKF Official website (<u>www.shotocup2020.com</u>) will be payable at check-in) Under 18s from other associations will need to have the equivalent valid membership card, including valid insurance
- 2. ISKF passport
- 3. Mouthpiece (Gum guard)
- 4. ISKF Fist protectors (Mits / Gloves) under 18s from other associations can wear equivalent white gloves



- 5. Standard White Karate Gi
- 6. Standard belt
- 7. Chest protection for ladies (optional)

No other protections will be accepted

Categories

Under 18 categories – Friday 21 August

6th, 5th and 4th Kyu, under 18

	Individual Kata	Team Kata	Individual Kumite
Mixed: 6 th , 5 th and 4 th Kyu			
7-9 years old	KA1		KU1
Boys: 6th, 5th and 4th Kyu			
10 and 11 years old	KA2	-	KU2
12 and 13 years old	КАЗ	-	KU3
14 and 15 years old	KA4	-	KU4
16 and 17 years old	KA5	-	KU5
Girls: 6th, 5th and 4th Kyu			
10 and 11 years old	KA6	-	KU6
12 and 13 years old	KA7	-	KU7
14 and 15 years old	KA8	-	KU8
16 and 17 years old	KA9	-	KU9
Mixed team kata, 6th, 5th and 4th Kyu			
11 and under	-	KAT1	-
12 to 14 years old	-	KAT2	-
15 to 17 years old	-	КАТЗ	-

Under 18 individual participants is unlimited, their ages at the time of the World Shoto Cup must be 7 - 17 years.

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at shotocup2020@gmail.com)

For 6th, 5th and 4th Kyu: participation consists of Kata and Structured Kumite (Kihon & Ippon Kumite) as per ISKF Tournament Rule book, no free style Kumite.

Contestants may not perform Kata in competition higher than that required for their next promotion examination.

Kata elimination using flag system. Last four participants will be judged using point system

Team kata consists of three participants of 6th, 5th or 4th Kyu. Boys and girls compete together, mixed teams are allowed

Brown and black belts, under 18: KATA

	Individual Kata	Team Kata
Boys: brown and black belts		
7 - 9 years old	KA10	-
10 and 11 years old	KA11	-
12 and 13 years old	KA12	-
14 and 15 years old	KA13	-
16 and 17 years old	KA14	-
Girls: brown and black belts		
7 - 9 years old	KA15	
10 and 11 years old	KA16	
12 and 13 years old	KA17	
14 and 15 years old	KA18	
16 and 17 years old	KA19	
Team kata mixed: brown and black belts		
11 and under	-	KAT4
12 to 14 years old	-	KAT5

Under 18 individual participants is unlimited, their ages at the time of the World Shoto Cup must be 7 - 17 years.

15 to 17 years old

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at shotocup2020@gmail.com)

KAT6

For Kata categories, brown and black belts compete together. There are separate categories for brown and black belts for Kumite (below)

Individual kata will be assessed using a flag system in the elimination rounds. The last eight competitors will be assessed by point system

Team kata consists of three participants of brown and black brown levels. Boys and girls compete together, mixed teams are allowed

Team kata will be assessed using a flag system in the elimination rounds. The last eight competitors will be assessed by point system

Brown belts, under 18: KUMITE

	Jiyu-ippon-kumite (semi-free style)	Jiyu-kumite (free style)
Boys: brown belts		
7 - 9 years old	KU10	
10 and 11 years old	KU11	
12 and 13 years old	KU12	KU20
14 and 15 years old	KU13	KU21
16 and 17 years old	KU14	KU22
Girls: brown belts		
7 - 9 years old	KU15	
10 and 11 years old	KU16	
12 and 13 years old	KU17	KU23
14 and 15 years old	KU18	KU24
16 and 17 years old	KU19	KU25

Under 18 individual participants is unlimited, their ages at the time of the World Shoto Cup must be 7 - 17 years.

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at shotocup2020@gmail.com)

Jiyu-ippon-kumite (semi-free style) category:

Under 12s will compete in Jiyu-ippon-kumite (semi-free style), both in elimination rounds and final

For participants in the 12-13 category and over, elimination rounds will be done on Jiyu-ipponkumite. The final will involve the last four participants and will be Jiyu-kumite (free style)

Jiyu-kumite (free style) category:

This category is only available for those in the 12-13 category and over. Both elimination rounds and final will be conducted on Jiyu-kumite

Black belts, under 18: KUMITE

Boys: Black belts	Jiyu-kumite (free style)
9 -11 years old	KU26
12 and 13 years old	KU27
14 and 15 years old	KU28
16 and 17 years old	KU29
Girls: Black belts	
9 - 11 years old	KU30
12 and 13 years old	KU31
14 and 15 years old	KU32
16 and 17 years old	KU33

Under 18 individual participants is unlimited, their ages at the time of the World Shoto Cup must be 9 - 17 years.

Under 18 categories are open to ISKF members in good standing. Other Shotokan associations by invitation only (please enquire at shotocup2020@gmail.com)

Black belt kumite consists of Jiyu--kumite (free style) only, for all age categories over the age of 10.

Young adult categories – Saturday and Sunday 22-23 August

Young adults - men	Individual Kata	Individual kumite	Team Kata	Team Kumite
18-21 years old	KA20	KU34	KAT7	KUT1
Young adults – women				
18-21 years old	KA21	KU35	KAT8	KUT2

Young adult individual participants for Kumite is unlimited, their ages at the time of the World Shoto Cup must be 18 - 21 years.

Young adults must be ISKF members in good standing.

Young adults must be brown or black belts to enter the competition

Individual kata will be assessed using a flag system in the elimination rounds. The last eight competitors will be assessed by point system

Young adult team kata consists of three women or three men (no mixed gender).

Kumite consists of Jiyu kumite (free style)

Team Kumite consists of three women or three men (no mixed gender)

All elimination rounds to take place on Saturday 22 August. Finals on Sunday 23 August

Adult categories - Saturday and Sunday 22-23 August

	Individual Kata	Individual kumite	Team Kata	Team Kumite
Adults – men				
22-44 years old	KA22	KU36	КАТ9	-
				-
18-44 years old	-	-	-	KUT3
Adults – women				
22-44 years old	KA23	KU37	KAT10	-
18-44 years old	-	-	-	KUT4

Adult individual participation is limited to eight women and eight men per country in individual kumite.

Adults must be ranked ISKF black belt; their ages at the time of the World Cup must be 22 to 44 years.

Adult women and men must be ISKF members in good standing.

Individual kata will be assessed using a flag system in the elimination rounds. The last eight competitors will be assessed by point system

Adult team kata consists of three women or three men 22-44 years old (no mixed gender).

Adult female team kumite consists of three women 18-44 years old (no mixed gender).

Adult male team kumite consists of five men 18-44 years old (no mixed gender).

All elimination rounds to take place on Saturday 22 August. Finals on Sunday 23 August

Senior categories – Saturday and Sunday 22-23 August

	Individual Kata	Individual kumite	Team Kata	Team Kumite
Senior - men				
45 -54 years old	KA24	KU38	KAT11	KUT5
Senior - women				
45-54 years old	KA25	KU39	KAT12	KUT6

Senior individual participation is unlimited per country in individual kata and kumite.

Senior team kata is also unlimited. Members must be all of the same age category.

Seniors must be ranked ISKF black belt; their ages at the time of the World Cup must 45 - 54 years old.

Senior women and men must be ISKF members in good standing.

Individual kata will be assessed using a flag system in the elimination rounds. The last eight competitors will be assessed by point system

Senior team kata consists of three women or three men (no mixed gender).

Senior team kumite consists of three women or three men (no mixed gender).

All elimination rounds to take place on Saturday 22 August. Finals on 23 August

Super Senior categories – Saturday and Sunday 22-23 August

Super senior - men	Individual Kata	Individual kumite	Team Kata	Team Kumite
55+ years old	KA26	KU40	KAT13	KUT7
Super senior - women		1/1 / 1	KAT14	
55+ years old	KA27	KU41	KAT14	KUT8

Super senior individual participation is unlimited per country in individual kata and kumite.

Super senior team kata is also unlimited. Members must be all of the same age category.

Super seniors must be ranked ISKF black belt; their ages at the time of the World Cup must 55 years and older.

Super senior women and men must be ISKF members in good standing.

Individual kata will be assessed using a flag system in the elimination rounds. The last eight competitors will be assessed by point system

Super senior team kata consists of three women or three men (no mixed gender).

Super senior team kumite consists of three women or three men (no mixed gender).

All elimination rounds to take place on Saturday 22 August. Finals on 23 August

Costs of competition

All cost and fees will be charged at Sterling Pound (£). USD costs are provided for indication only, at the prevailing rate at the time of producing this brochure. Exchange rates vary and will be applied at the time of payment.

Children's categories

- £30 per entry, for each individual kata and kumite categories (USD38.50 as of November exchange rate)
- £50 per team kata entry (USD64.00 as of November exchange rate)

Young adult, adult, senior and super-senior categories

- £40 per entry, for each individual kata and kumite categories (USD51 as of November exchange rate)
- £60 per team kata entry (USD77 as of November exchange rate)
- £60 per team for young adult and female kumite entry, for 3 participants (USD77 as of November exchange rate)
- £80 per team for male kumite entry, for 5 participants (USD103 as of November exchange rate)

Spectators cost

Spectators 16+

- £20 for three day entry pass (USD26 as of November exchange rate); or
- £10 per day (USD13 as of November exchange rate)

Children, under 16:

- £15 for three day entry pass (USD19 as of November exchange rate); or
- £5 per day (USD6.5 as of November exchange rate)

Under 5s go free

Tournament t-shirt costs

If booked in advance (before 17 May):

• £20 for children size (USD26); £25 for adults (USD32)

Prices at the tournament:

• £25 for children (USD32); £30 for adults (USD38.5)

Sayonara party

Prices to be confirmed